



BEYOND HABILITATION

WHILE HABILITATION MAKES UP THE ROOT OF TCH SERVICES, MANY OTHER PROGRAMS STEM FROM THERE.

BH

K.i.D.S.-TCH Early Intervention Service: This program is delivered specifically in a child's natural environment. Helping families and kids out of life's starting blocks can be the most vital steps in preventing the need for future services and mitigating the effects of a life-long disability. This service caters to infants and toddlers, ages birth to 3 years.

Custodial Services: Individuals who enjoy success in the TCH Job Training Program are offered the opportunity to join the TCH custodial crew. TCH has developed a strong reputation for delivering top custodial care to companies like Intel, Luke Air Force Base, the FBI offices, numerous State of Arizona buildings and many other satisfied customers.

Transportation: With a large fleet of accessible vehicles, TCH can provide transportation for men and women in our programs. Having a life outside of TCH is important, therefore each TCH home is equipped with a vehicle and qualified drivers to accommodate the transportation needs of residents.



SAFEGUARDING THE FUTURE OF TCH

THE CUTTY LEGACY FOUNDATION, A CHARITABLE FOUNDATION OF TCH

FN

"Through the Foundation, I've found the peace of mind and the tools to preserve my daughter's lifestyle once I am no longer here."

-Nancy W., TCH Parent

The Cutty Legacy Foundation is a wholly-owned subsidiary of TCH. The Foundation was established in 2000 with a correlating mission: to enhance the quality of life for Arizonans with disabilities while promoting their independence and self-determination. The Foundation actively promotes long-term financial stability of TCH and support for programs that protect the well-being of its service recipients.

The Cutty Legacy Foundation strives to educate families of loved ones with disabilities on options for futures planning. Financial security, continuation of services, maintaining the optimal quality of life—the Foundation can provide families with guidance on these issues in regards to their unique circumstances.

The Foundation is also a vehicle for charitable giving and establishing a family legacy of philanthropy. TCLF is also a 501(c)(3) non-profit organization.



CT CONTACT TCH

info@tch-az.com

MAIN HEADQUARTERS and TCLF OFFICES

(480) 838-8111
(480) 730-5214 Fax
215 West Lodge Drive
Tempe, Arizona 85283

www.tch-az.com

TUCSON OFFICES

(520) 318- 0137
(520) 318-0140 Fax
350 S. Calle De Madrid
Tucson AZ 85711

JOB HOTLINE

(480) 838-8111 ext. 123



EMPOWERING PEOPLE WITH DISABILITIES SINCE 1967

Programs, Services & Supports

- Home and Community Based Services
- Community Living Support
- Day Programs for Adults
- Job Training and Placement
- Other Services





ABOUT TCH
 In 1967, a small group of parents of children with special needs who wanted an alternative for care banded together to form what is now known as TCH. Within the first 10 years of operation, TCH

established services ranging from early childhood development to adult care, job placement programs, residential services and transportation. Today, TCH offers a comprehensive umbrella of services to fit the unique needs of the disability community.

The organization's growth continues. TCH takes pride in its continuing emphasis on finding new and relevant ways to meet the needs of individuals with disabilities while promoting their independence and self-determination. TCH's advocacy support,

program breadth and community outreach services have played a pivotal role in building a more accepting community of inclusion for individuals with disabilities.
 TCH is a 501(c)(3) non-profit charitable organization.

A RESPECTED REPUTATION
"TCH has been supporting the needs of Arizona's citizens with disabilities since 1967. Its efforts have enhanced the quality of life in many of our communities

an added to the economic vitality of our State. I urge you to support the important mission of TCH in any way you can."
 -City of Tempe Mayor, Hugh Hallman



SELF-SUFFICIENCY 101

HOME AND COMMUNITY BASED SERVICES (HCBS)

HC

2) individuals with a disability who are living on their own, but require some support. This service program is an alternative to more restrictive living options.

Individuals who utilize habilitation services like those offered in HCBS find the road to greater independence and self-sufficiency. Whether it be basic skills like brushing one's teeth, to more complex activities like balancing a check book, this training is critical to living a full and self-directed life.

HCBS includes a wide range of programs to fit the unique needs of each individual and family. Size of family, age of consumer, and level of skill are all factors to consider in selecting the right services.

- For example:
- Parents who need a break to celebrate their anniversary may use Respite Care.
 - A man with disabilities who lives on his own but needs support getting ready for work in the morning would benefit from Attendant Care.
 - A young woman with a disability who is moving into her first apartment, away from family, might enroll in the Transition Program.

The mission of HCBS is focused on people feeling good about who they are and their place in our community. The goal is to promote the best possible quality of life.

"I feel like am my own person now. HCBS has taught me how to achieve the independence I have always wanted."
 -Delanie P., recipient of Transitional HCBS Services

Regardless of ability, people of all ages need to be encouraged to pursue their dreams and supported in realizing their potential. Providing that support is the mission of TCH Home and Community Based Services. These services are designed for 1) families who have a family member with a disability living at home and



A PLACE TO CALL HOME

COMMUNITY LIVING SUPPORT SERVICES

CL

Safety, comfort, relaxation—these are all aspects that one looks for when choosing a home. The same is true for individuals at TCH. Community and Living Support Services help to create that sense of "home." In all TCH homes, accommodations are made to fit the needs of the residents.

Men and women who live in TCH homes are responsible for making their own choices. While round-the-clock support staff is provided, the goal is to involve each individual in the decision making process. Examples include preparing

shopping lists, accomplishing daily household chores and arranging social opportunities.

Completing the picture of home is access to the surrounding community. TCH homes are located in safe neighborhoods with many amenities. Proximity to parks and recreational facilities, shopping and work are all factors in selecting a home location. Commutes to desired destinations are made possible because each home is assigned a van, fully equipped for accessibility.

"As a father of an adult daughter with disabilities, the confidence I have in the TCH services has afforded me peace of mind and a desirable quality of life. My daughter and I spend quality time together while maintaining our independent lives, which is natural for a parent and his adult offspring."
 -Russ S., TCH Parent



ALWAYS SOMETHING HAPPENING

DAY PROGRAM FOR ADULTS

DP

in a variety of activities that are designed to achieve individualized goals and enhance self-help and social skills.

For example, taking a trip to nearby Kiwanis Park provides exercise, but also a new and interesting environment for learning. Singing Karaoke can turn even the most shy individual into a rock star. Arts and crafts develop creativity and self worth and many TCH consumers use this opportunity to create gifts for family and friends. Some of the day programs classes also involve volunteering. What better way to feel vital to the community than volunteering to help others!

The Day Programs also enjoy and learn in Grandpa Charlie's Garden, a completely accessible 1.5 acre horticultural facility on the TCH campus. Most goals being pursued in classrooms can be transferred to the garden. Working in the soil helps to hone fine motor skills. Men and women take pride in the growing and cultivating experience. It is very rewarding to plant a seed, water it, nurture the plant as it grows and then enjoy its fruits. Tomatoes, eggplants, cabbage, chilis and more are grown under the watchful and eager eyes of TCH consumers.

"Helping people succeed in their goals is the most rewarding part of my job."
 -Jen G., Classroom Supervisor

TCH recognizes that every life has meaning and value. Day programs offer activities for individuals with the most significant disabilities. The social atmosphere of the Day Programs encourages men and women to participate



WORKING FOR A LIVING

JOB TRAINING AND PLACEMENT PROGRAM

JT

to more independence, self reliance, self-respect and a true feeling of accomplishment. Empowerment.

TCH offers a variety of services to support and assist individuals with disabilities reach their employment goals. Whether the person needs intensive support or assistance finding a job in the community, TCH Employment Development Center has a service to help.

Many people with disabilities have found sheltered employment an excellent place to find challenging work and to develop relationships with peers and supervisors.

Others prefer supported work teams that go into community businesses and receive training on specific jobs within that field. Finally, many of the people who use TCH for support want help finding work or want some periodic training support to be successful on the job.

Whether it is for skills assessment, job preparation, skill development, job placement, continuous support, follow-up support, or periodic support, TCH Employment Development Center will create the right fit for services.